

UNLEASHING THE HERO WITHIN THROUGH STORY-DRIVEN MINDSET COACHING





Journey to Heroic Confidence

KIDS LEARN HOW TO:

- Grow from Setbacks and Develop Anti-Fragile Confidence
- Believe in Themselves When Facing Challenges
- Move Through Fear, Uncertainty, & Self-doubt
- Use Self-Talk to Create an "I Can Do It" Mindset
- ★ Stretch Outside Their Comfort Zone
- ★ Create Possibilities for Their Future

Includes Follow-up Call with Parent/Guardian

WHO IT'S FOR:

Kids Ages 6-12

WHAT'S INCLUDED:

(6) 50-minute coaching sessions,15-minute follow-up calls, take-home activities and Heroic Shirt

WHERE:

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Zoom or In-Person in Camp Hill, Pa

HEROIC CONFIDENCE JOURNEY INTRODUCTORY PRICE:

\$595.00 for the first 5 enrolled (regular price \$795.00)

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Schedule Discovery Call

Gary Lougher

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