

THE HEROIC KIDS COACHING PROGRAM IS CAREFULLY CRAFTED AROUND A STORY-BASED CURRICULUM THAT AIMS TO EMPOWER CHILDREN TO BECOME THE HEROES OF THEIR OWN JOURNEY.

By working closely with your child, we focus on developing essential mindset skills, including confidence, decision-making, and goal-setting, through engaging stories and practical activities. Ultimately, our goal is to equip children ages 6-12 with the tools to courageously navigate life's challenges with wisdom and confidence.

Reach out for a complimentary discovery call to learn more about our offerings, which include one to one and small group coaching, workshops, and personalized packages tailored to address specific challenges. Coaching sessions are available via Zoom or in-person for local clients. Speaking engagements can also be arranged upon request.



START YOUR CHILD ON THEIR HEROIC JOURNEY TODAY!

Schedule Discovery Call

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★ MindPower™



★ InnerPower™



★ MePower™



★ DreamPower™



★ Slaying Dragons™

UNLEASHING THE HERO WITHIN THROUGH STORY-DRIVEN MINDSET COACHING



Heroic Kids Coaching

Journey to Heroic Confidence

KIDS LEARN HOW TO:

- ★ Grow from Setbacks and Develop Anti-Fragile Confidence
- ★ Believe in Themselves When Facing Challenges
- ★ Move Through Fear, Uncertainty, & Self-doubt
- ★ Use Self-Talk to Create an “I Can Do It” Mindset
- ★ Stretch Outside Their Comfort Zone
- ★ Create Possibilities for Their Future

Includes Follow-up Call with Parent/Guardian

WHO IT'S FOR: Kids Ages 6-12

WHAT'S INCLUDED: (6) 50-minute coaching sessions, 15-minute follow-up calls, take-home activities and Heroic Shirt

WHERE: Zoom or In-Person in Camp Hill, Pa

HEROIC CONFIDENCE JOURNEY INTRODUCTORY PRICE:

\$595.00 for the first 5 enrolled
(regular price \$795.00)

Journey to Heroic Goal Setting & Action

KIDS LEARN HOW TO:

- ★ Set Big, Yet Attainable Goals
- ★ Create A More Focused Mind
- ★ Use Visualization and Affirmations
- ★ Cultivate a Growth Mindset
- ★ Celebrate! Along The Way
- ★ Create a Vision For Their Future

Includes Follow-up Call with Parent/Guardian

WHO IT'S FOR: Kids Ages 6-12

WHAT'S INCLUDED: (8) 50-minute coaching sessions, 15-minute follow-up calls, and take-home activities

WHERE: Zoom or In-Person in Camp Hill, Pa

HEROIC CONFIDENCE JOURNEY INTRODUCTORY PRICE:

\$795.00 for the first 5 enrolled
(regular price \$995.00)

Journey to Heroic Mind Power

KIDS LEARN HOW TO:

- ★ Identify and Replace Negative and Limiting Beliefs
- ★ Better Understand How Their Mind Works and How They Can Use It
- ★ Use Their Brain's Radar
- ★ Stay In Their Power, Even When Things Don't Go Their Way
- ★ Create Possibilities For Their Future

Includes Follow-up Call with Parent/Guardian

WHO IT'S FOR: Kids Ages 6-12

WHAT'S INCLUDED: (5) 50-minute coaching sessions, 15-minute follow-up calls, and take-home activities

WHERE: Zoom or In-Person in Camp Hill, Pa

HEROIC CONFIDENCE JOURNEY INTRODUCTORY PRICE:

\$495.00 for the first 5 enrolled
(regular price \$695.00)

