



Code Of Ethics

1. **Client-Centered Service:** Prioritize the unique needs and goals of each client, respecting their individuality and autonomy.
2. **Confidentiality and Privacy:** Maintain the strictest levels of confidentiality and privacy regarding all client interactions and information.
3. **Professional Integrity:** Uphold the highest standards of honesty, transparency, and ethical behavior in all aspects of coaching.
4. **Competence and Continuous Learning:** Commit to continual personal and professional development to enhance coaching skills and knowledge.
5. **Non-Discrimination and Inclusivity:** Provide a non-judgmental and inclusive environment, respecting the diversity of clients' backgrounds and experiences.
6. **Well-being and Harm Avoidance:** Ensure that all coaching practices prioritize the mental, emotional, and physical well-being of clients, avoiding any harm.
7. **Accountability and Feedback:** Be open to feedback and accountable for actions, fostering a collaborative and responsive coaching relationship.
8. **Boundary Management:** Clearly establish and maintain professional boundaries with clients to avoid conflicts of interest and ensure an effective coaching relationship.
9. **Societal Contribution:** Recognize the broader impact of coaching and strive to contribute positively to the community and society.
10. **Respect for Professional Standards:** Adhere to recognized standards and Scope of Practice guidelines set forth by the International Association of Trauma Recovery Coaches, It Always Takes a Village, National Association of Sports Medicine, and Precision of Nutrition.
11. **Mandated Reporter Responsibility:** As a Mandated Reporter, it is my ethical and legal obligation to report any suspected child abuse or neglect. This includes, but is not limited to:
 - Identifying Signs: Being vigilant in recognizing potential signs of abuse or neglect in children.
 - Mandatory Reporting: Promptly reporting any suspicions of child abuse or neglect to the appropriate authorities as required by law.
 - Cooperation: Cooperating with child welfare and law enforcement investigations when necessary.
 - Education and Awareness: Continuously educating myself about child abuse and neglect indicators and the reporting process.
 - Confidentiality: Maintaining the confidentiality of any such reports, except as required by law.

